

## Fear of Falling and Balance Confidence in Older Adults with Diabetes Mellitus



**Wednesday, April 26, 2017**

**12:00PM – 1:00PM**

North Conference Room (Basement Level),  
St. Peter's Hospital, Hamilton Health Sciences

**Dr. Patricia Hewston** | OT Reg. (Ont), PhD  
**Post-Doctoral Fellow** | GERAS Centre

### **Description**

Aging, diabetes mellitus, and falls are a troubling triad facing our healthcare system. Dr. Patricia Hewston will present her doctoral dissertation that integrated both clinical epidemiology and rigorous experimental research methodologies to advance our understanding of falls-related psychological concerns in older adults with diabetes mellitus.

### **About Dr. Hewston**

Dr. Patricia Hewston is a Registered Occupational Therapist, and comes to us from the School of Rehabilitation Therapy at Queen's University. She supports a number of major research initiatives at the GERAS Centre, including *Dancing for Cognition and Exercise* (DANCE) and the development of a frailty registry. Her work focuses on mobility, falls and cognition in aging.